TREASURY MEDICAL CENTRE
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GENDER-AFFIRMING SURGERY · READINESS, FUNDING AND REFERRAL

Gender-Affirming Surgery — Your Pathway

Our clinic's part is to confirm you are ready, apply for OHIP funding, and refer you to your surgeon. The surgeon's team takes over from there. Keep this sheet: it shows each step, what we need from you, and what to expect.

YOUR PATH AT A GLANCE

1	2	3	4	5	6
Information visit today	**Read at home** your pace · ask questions	**Surgical clearance appt** 30 min · book by phone	**Wait 24 h, sign, send** + tell us your surgeon	**We apply for funding** 2nd assessment if needed	**Referral to surgeon** front desk calls you

1

TODAY

Information visit

At this visit your doctor will:

- Talk through the surgery you are considering and your relevant medical history.
- Give you this sheet and the reading for your procedure (last page).
- Check where you stand against Ontario's funding criteria (see **Ontario funding rules**) and tell you if there is a waiting period before you are eligible.
- Offer a referral for **fertility preservation** if the surgery affects fertility and that matters to you.

No bloodwork is needed at this stage.

> **WHAT YOU DO**
> Read the Rainbow Health Ontario summary sheet for your procedure (last page).

2

YOUR PACE

Read at home — ask as much as you need

If questions come up, book as many regular appointments as you like before your clearance appointment — in person, by phone or by video. There is no limit.

> **WHAT YOU DO**
> Think about which surgeon or centre you would like. We will go through the options together at your clearance appointment.

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30 MINUTES · BOOK BY PHONE ONLY · IN PERSON, PHONE OR VIDEO

Surgical clearance appointment

Your doctor will:

- Check your understanding of the reading and answer anything still open.
- Go through the risks, recovery and realistic outcomes in detail. (The surgeon obtains your formal consent for the operation itself; our job is to confirm you are ready and to get the funding and referral done.)
- Discuss fertility, mental-health supports, smoking, and anything medical that could affect surgery.
- Help you choose a surgeon or centre, and explain whether you need a second assessment.
- Confirm that nobody is pressuring you either way.

> ⚠ **WHAT YOU DO**
>
> **Call the clinic to book this.** It cannot be booked online. Tell reception you need a **30-minute surgical clearance appointment** — those exact words — so the right time is set aside.

4

AT LEAST ONE DAY LATER

Wait 24 hours, sign, send it back — and tell us your surgeon

Take the readiness form home and sit with it for at least 24 hours. When you are ready, sign and date it and return it either way:

- Email a clear photo or scan to **info@treasuryhealth.ca**, or
- Bring the original to the clinic.

In the same email (or at a short follow-up appointment if you prefer), tell us which surgeon or centre you have chosen.

> **WHAT YOU DO**
>
> Nothing moves forward until your signed form and your surgeon choice are in. If you want more time, that is fine — just tell us.

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WE HANDLE THIS · USUALLY 3–6 WEEKS IN TOTAL

Second assessment and funding application

- **Second assessment.** Genital surgery (vaginoplasty, phalloplasty, metoidioplasty, orchiectomy, hysterectomy) needs two assessments; chest surgery needs one. If you need a second, your doctor refers you — usually to Dr. Tehmina Ahmad. Her office contacts you; the wait is typically 2–4 weeks.
- **Funding application.** As soon as your signed form and (if needed) the second assessment are in, we submit the OHIP prior-approval application automatically. You do not need to ask. The Ministry usually answers within **12 hours to 4 days**.

> **PLEASE NOTE**
>
> OHIP only pays for surgery that was approved **before** it happens. Never book or pay for surgery before you have the approval.

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ONCE FUNDING IS APPROVED

Referral to your surgeon

When the approval arrives, we send your referral package to the surgical centre the same day. **Our front desk will call you** to confirm both: funding approved, referral sent.

From here the surgical centre owns the timeline: they will contact you for a consultation, then place you on their waitlist.

> **WHAT YOU DO**
>
> **If you chose GrS Montréal:** call them yourself 2 weeks after our front desk calls you, to confirm your file was received. We ask them to confirm receipt, but Québec centres are not required to reply and often do not. For Ontario centres, call us if you have heard nothing within 6 weeks.

ONTARIO FUNDING RULES — WHAT OHIP REQUIRES

Ontario funds genital and chest surgery through OHIP when the Ministry of Health approves it in advance. Your doctor submits the application; these are the criteria it must show.

SURGERY	ASSESSMENTS	HORMONES	LIVED EXPERIENCE
Genital — vaginoplasty, vulvoplasty, phalloplasty, metoidioplasty, orchiectomy, hysterectomy	Two (one must be a doctor or nurse practitioner)	12 continuous months, unless hormones are not recommended for you	12 continuous months living in your gender role
Chest masculinization (top surgery)	One (doctor or nurse practitioner)	Not required	Not required
Breast augmentation	One (doctor or nurse practitioner)	12 months with no breast growth, unless hormones are not recommended	Not required

- All assessments must document persistent gender dysphoria.
- Surgery must be done by a surgeon with an agreement with the Ministry. If a surgery is available in Ontario, OHIP will not fund it out of country.
- OHIP does not refund surgery paid for without prior approval, even if you would have qualified.
- Not covered: hair removal before surgery, travel and accommodation, and most revisions. Ask us about what to budget for.

WHAT TO EXPECT AFTER THE REFERRAL

Waiting. Wait times vary by surgeon and procedure, from months to over a year. The surgical centre, not our clinic, controls the date.

Getting ready. The surgeon will give you pre-operative instructions. Common ones: stop smoking well before surgery, reach any weight target they set, arrange hair removal for some genital surgeries, and pause estrogen before surgery if your surgeon asks.

We stay your family doctors. Keep seeing us for your hormones, bloodwork and general health while you wait, and book a post-operative follow-up with us when you are home.

Questions at any point: call **647-977-5447** or email **info@treasuryhealth.ca**. You can pause or withdraw from this process at any time.

YOUR READING — SCAN THE SHEET FOR YOUR PROCEDURE

Top surgery
Chest masculinization · RHO summary sheet

Vaginoplasty
RHO summary sheet

Orchiectomy
RHO summary sheet

Hysterectomy
RHO summary sheet

Phalloplasty
RHO summary sheet

Metoidioplasty
RHO summary sheet

Rainbow Health Ontario surgical summary sheets. Scan the one for the surgery you are considering; ask us if you would like a printed copy.

Gender-affirming surgery · Treasury Medical Centre patient pathway · Reviewed November 2026 against ontario.ca/page/gender-confirming-surgery. This sheet is general information and does not replace the conversation with your doctor or surgeon.

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GENDER-AFFIRMING SURGERY · READINESS FORM

Gender-Affirming Surgery — Readiness Acknowledgement

Patient name (legal) | Name you go by | Date of birth (YYYY-MM-DD)

Health card number | Phone | Date form received (clinic use)

Surgery I am seeking (for example vaginoplasty, chest masculinization, hysterectomy) | Surgeon / centre chosen

WHAT THIS FORM IS — AND IS NOT

This form records that I have completed the readiness process at Treasury Medical Centre and that I want my doctor to apply for OHIP funding and refer me to a surgeon. **It is not consent for the operation.** The surgeon will go through the surgical risks with me and obtain my consent for the procedure itself.

STATEMENT OF UNDERSTANDING — INITIAL EACH LINE

- ☐ I have read the Rainbow Health Ontario summary sheet for my procedure, in full, and I have had at least 24 hours since my surgical clearance appointment to think it over.
- ☐ I have had the chance to ask questions at my information visit, at any extra appointments I chose to book, and at my clearance appointment, and they have been answered.
- ☐ I understand this surgery is **permanent**. The results, healing time, sensation and appearance vary from person to person and cannot be guaranteed, and revisions are sometimes needed and may not be covered.
- ☐ I understand that all surgery carries general risks — bleeding, infection, blood clots, anaesthetic reactions, scarring, pain, and loss of sensation — and that my surgeon will explain the risks specific to my procedure.
- ☐ **Fertility:** I understand whether this surgery affects my fertility, and fertility preservation was offered to me if it applies.
- ☐ **Funding:** I understand OHIP pays only for surgery approved in advance by the Ministry of Health, that approval requires the assessments and criteria my doctor explained, and that OHIP does not cover hair removal, travel, or most revisions.
- ☐ **Second assessment:** if my surgery needs two assessments, I agree to be referred for the second one and to be contacted by that assessor's office.
- ☐ **Information sharing:** I agree that my doctor may send my assessment, this form, and relevant medical records to the Ministry of Health and to the surgical centre I have chosen.

☐ I understand my doctor may advise waiting or additional steps (for example stopping smoking, or reaching a time requirement on hormones) before the application can be submitted.

☐ I am making this decision for myself. Nobody is pressuring me to go ahead, or to stop. I can withdraw from this process at any time.

READINESS ACKNOWLEDGEMENT AND REQUEST

I have reviewed the educational materials provided and the points above over the course of my appointments and at home. I confirm I understand the process, what the clinic's role is and is not, and the Ontario funding rules. I ask my doctor to complete my assessment, arrange a second assessment if required, submit the OHIP prior-approval application, and refer me to the surgeon or centre named above.

Patient signature

Date signed (YYYY-MM-DD)

Patient name (print)

Physician review: entry of this signed form into the patient's electronic medical record by Dr. Jason Latsky, MD (CPSO 143244) confirms that the physician has reviewed it with the patient. No separate physician signature is required.

How to return this form

Sign it at least 24 hours after your surgical clearance appointment, then email a clear photo or scan to **info@treasuryhealth.ca** or bring it to the clinic. In the same message, confirm the surgeon or centre you have chosen if it is not already written above.

What happens next

Once this form and, if needed, your second assessment are in your chart, we submit the funding application automatically. When the Ministry approves it (usually within 12 hours to 4 days) we send your referral and our front desk calls you.